

**DR EMMA TAYLOR**  
BA (Hons), PhD, DClInPsy, AFBPS

**HPC Registered Clinical Psychologist**

**PROFESSIONAL QUALIFICATIONS**

2016 Cognitive Analytic Therapy Accredited Supervisor  
2009 Accredited Cognitive Analytic Therapy Practitioner, Association for  
Cognitive Analytic Therapy  
2000 Doctorate in Clinical Psychology, University College London.  
1994 PhD, University of Sheffield  
1991 Certificate in Counselling Skills  
1989 BA(hons) Psychology - 2:1, University of Sheffield

**PROFESSIONAL MEMBERSHIPS**

Associate Fellow of the British Psychological Society (70756)  
Association of Cognitive Analytic Therapists  
Health and Care Professional Council registered (No. PYL22563)

**AREAS OF EXPERTISE**

Mental Health  
Neuropsychology  
Medico-legal assessments  
Risk Assessments  
Mental capacity assessments  
Cognitive behavioural therapy  
Cognitive analytic therapy  
Training and Research

**EXPERIENCE**

I have 12 years' experience as a qualified clinical psychologist in the NHS working with adults and older adults with complex mental health difficulties within community mental health teams and wards. In my last NHS position, I was lead psychologist for older adults in a major teaching hospital trust, alongside assessing and treating adults with acquired brain injuries on a post-acute cognitive rehabilitation ward. I now work as an independent clinical psychologist. I provide psychological assessments, individual therapy, supervision and training. I have written more than 30 reports for solicitors and the family courts, including attending Court.

**EMPLOYMENT**

**2009 - Company Director of Taylored Psychology, Independent Clinical Psychologist.**

- Psychological assessments for Family Courts and Local Authorities. I have written reports for Court on parent's mental health, cognitive abilities, parenting ability, capacity to change and therapy outcome.
- Medico-legal assessments of post-traumatic stress disorder

- Mental Capacity Act assessments including capacity to manage financial affairs for Court of Protection, committing violence and deciding where to reside on discharge from care settings.
- Mental health and psychological assessments for working aged adults for individuals, occupational health providers and solicitors
- Neuropsychological assessment, cognitive rehabilitation and management of behaviour of people with acquired brain injury. I was a locum independent psychologist at a Leonard Cheshire Acquired Brain Injury Rehabilitation Unit (November 2013-May 2014).
- Delivering and evaluating cognitive behavioural and cognitive analytic therapy  
Devising and delivering training and workshops, including for the Academy, Sheffield Psychotherapy and Counselling Education (SPACE); Catalyse and Leonard Cheshire.
- A member of a consortium of experienced therapeutic practitioners, establishing Catalyse Sheffield Psychotherapy Practice, a social enterprise.

**2011 - 2012 Older Adult Psychology Service Lead and Senior Clinical Psychologist in neuropsychology, Sheffield Teaching Hospitals. Previously:**

**2011 - 2011 Locum Senior Clinical Psychologist, Sheffield Teaching Hospital**

- Responsible for establishing and developing a new older adult psychology service within the hospital, working across 2 acute wards
- Service development, including needs assessment for psychological provision on the wards, designing a service description, developing care pathways and audit.
- Working with multi-disciplinary teams on older adult acute physical wards and an adult acquired brain injury ward
- Advising on psychological factors influencing physical health, length of stay, contributing to multi disciplinary team discharge planning and referring to appropriate community services and care pathways
- Neuropsychological assessments of a wide variety of acquired brain injuries and neurological conditions, including traumatic brain injuries; stroke, MS, dementias and Parkinson's disease
- Mental Health and Risk Assessments
- Mental Capacity Assessments
- Cognitive rehabilitation and therapy
- Assessing challenging behaviour, devising care plans with staff, facilitating behavioural management staff meetings and evaluating outcome of care plans
- Supervising trainee psychologists and training qualified staff in psychological care and cognitive assessment issues

**2008 - 2012 Associate Lecturer "Mapping Psychology", "Counselling Fear and Sadness", The Open University**

- Lecturing on undergraduate courses "Mapping Psychology" and "Counselling Fear and Sadness"

**2004 - 2009 Senior Clinical Psychologist, Sheffield Health and Social Care Trust**

- Sole psychologist working with a community mental health team and a functional ward for older adults
- I was the project co-ordinator for an evaluation of existing discharge practice and outcome from older adult functional wards. I was the sole author of a subsequent report for the Trust Chief Executive.

**2001 - 2004 Clinical Psychologist, Derbyshire Mental Health Trust**

- Mental health assessments and treatment in a Community Mental Health Team for working aged adults.

**1996 - 2000 Clinical Psychologist in training, Camden and Islington Mental Health Trust (inclusive of maternity leave)**

**1996 - 2000 Honorary Lecturer, United Medical and Dental Schools, Guys Hospital**

**1994 - 1996 Lecturer and BSc Co-ordinator, United Medical and Dental Schools, Guys Hospital**

**1990 - 1996 Course Tutor Open University “Introduction to Psychology”, “Social Psychology”**

**1993 - 1994 Regular Visiting Lecturer, School of Health and Community Studies, Sheffield Hallam University**

**1990 - 1994 MRC PhD studentship**

**1989 - 1990 Research Assistant, Trent Regional Health Authority**

**OTHER RELEVANT INFORMATION**

I have a full enhanced CRB check

I hold professional indemnity insurance

I hold a clean drivers licence and will travel within 60 mile radius of Sheffield

**PUBLICATIONS**

Ives, G., Phelps, M., Taylor, E., Carter, C. and Crowther, L. (2013). Is there an expert in the house? The future for expert witnesses. Family Law, **43**, 1041-1044.

Niven, N., Haynes, C. and Taylor, E. (1996). Caring in Context. London: South bank University.

Reynolds, S., Taylor, E. & Shapiro, D.A. (1993). Session impact in stress management training. Journal of Occupational and Organisational Psychology, **66**, 99-113.

Reynolds, S., Taylor, E. & Shapiro, D.A. (1993) Impact and outcome in stress management training. Journal of Community and Applied Social Psychology. **3**, 325-337.

Taylor, E. (1997). Shiftwork and health. In A. Baum, C. McNamus, S. Newman, J. Weinman and R. West. Cambridge Handbook of Psychology, Health and Medicine. Cambridge University Press.

Taylor, E. (1997). The psychosocial impact of having a cleft lip or palate. In A. Baum, C. McNamus, S. Newman, J. Weinman and R. West. Cambridge Handbook of Psychology, Health and Medicine. Cambridge University Press.

Taylor, E., Briner, R. and Folkard, S. (1997). Models of shiftwork and health: An examination of the influence of stress on shiftwork theory. Human Factors, **39**, 67-82.

Taylor, E., Folkard, S. and Shapiro, D. (1997) Shiftwork advantages as predictors of health. International Journal of Occupational and Environmental Health, special edition on shiftwork, **3**, 20-30.

Taylor, E. & Martlew, M. (1992). Developmental differences in phonological spelling strategies. In C. Sterling and C. Robson (eds.) Psychology, Spelling and Education. Avon: Multilingual Matters.

#### **ORGANISATIONAL REPORTS**

- Taylor, E. (2006) Effective Discharge from Older Adult FMI Wards. Report written on behalf of the project steering group for Sheffield Care Trust.
- Taylor, E., Folkard, S. & Shapiro, D. (1993). Needs of shiftworkers: outcome of a counselling service for shiftworkers at Rover group. Report to Rover Group.
- Taylor, E., Fuggle, P. & Barker, C. (2000). Adaptation to secondary school: the role of childhood interpersonal beliefs. Report to Islington Local Education Authority.
- Taylor, E., Reynolds, S., & Shapiro, D. (1990). An evaluation of the outcome and processes of stress management interventions for health authority staff. Report to North Derbyshire District Psychology Department.
- Taylor, E., Reynolds, S., & Shapiro, D. (1990). A guidebook for the organization of stress management interventions. Report to North Derbyshire District Psychology Department

#### **CONFERENCE PRESENTATIONS**

- Reynolds, S. and Taylor, E. (1990). Process-outcome relations in stress management training. Presented at BPS Occupational Psychology Conference, Bowness-on-Windermere. SAPU memo 1124.
- Taylor, E., Folkard, S. and Shapiro, D. (1991). Will a counselling service help intolerant shift workers? Presented at International Symposium on Night and Shift Work, Sheffield.
- Taylor, E., Folkard, S. and Shapiro, D. (1995). An initial evaluation of a counselling service for shiftworkers. Presented at 12th International Symposium on Night and Shiftwork, Connecticut.
- Taylor, E., Folkard, S. and Shapiro, D. (1995). Predictors of the health status of shiftworkers. Presented at the 12th International Symposium on Night and Shiftwork, Connecticut.
- Taylor, E. and Martlew, M., (1990). Developmental differences in phonological spelling strategies. Presented at Psychology, Spelling and Education, Newcastle on Tyne.
- Taylor, E. (1992). Designing a therapeutic intervention for a specific population. Presented at BPS Special Group in Counselling Psychology 3rd annual conference, Birmingham.
- Taylor, E., Shapiro, D. and Folkard, S. (1995). An initial evaluation of brief work site counselling for shiftworkers. Presented at 2nd annual conference for the BPS Division of Counselling Psychology, Birmingham.