

**DR EMMA TAYLOR**  
BA (Hons), PhD, DCLinPsy, AFBPS

**HCPC Registered Practitioner Psychologist (Clinical psychologist)**

### **PROFESSIONAL QUALIFICATIONS**

2016 Cognitive Analytic Therapy Accredited Supervisor  
2009 Accredited Cognitive Analytic Therapy Practitioner, Association for Cognitive Analytic Therapy  
2000 Doctorate in Clinical Psychology, University College London.  
1994 PhD, University of Sheffield  
1991 Certificate in Counselling Skills  
1989 BA(hons) Psychology - 2:1, University of Sheffield

### **PROFESSIONAL MEMBERSHIPS**

Associate Fellow of the British Psychological Society (70756)  
Association of Cognitive Analytic Therapists  
Health and Care Professional Council (No. PYL22563)

### **AREAS OF EXPERTISE**

Mental Health  
Neuropsychology  
Medico-legal assessments  
Mental capacity assessments  
Cognitive behavioural therapy  
Cognitive analytic therapy  
Training and Research  
Supervision and consultation

### **EXPERIENCE**

I began life as an academic, developing, delivering and evaluating brief manualised cognitive behavioural therapy for shiftworkers. After working as an academic, I qualified as a clinical psychologist in 2000 and until 2012 worked in the NHS with adults and older adults with complex mental health difficulties within community mental health teams and inpatient wards. In my last NHS position, I was lead psychologist for older adults in a major teaching hospital trust, alongside assessing and treating adults with acquired brain injuries on a post-acute cognitive rehabilitation ward. I now work full time as an independent clinical psychologist. I provide psychological assessments, therapy, supervision and training. I have written more than 50 reports for the family courts, including giving oral evidence, and have attended Court skills professional training including with Bond Salon.

### **EMPLOYMENT**

**2009: Company Director of Taylored Psychology, Independent Clinical Psychologist**

- Delivering psychological therapy for adults in 3 clinics a week
- Psychological assessments for Family Courts and Local Authorities. I have written reports for Court on parent's mental health, cognitive abilities, parenting ability, capacity to change and therapy outcome.

- Mental Capacity Act assessments including capacity to manage financial affairs for Court of Protection, committing violence and deciding where to reside on discharge from care settings.
- Mental health and psychological assessments for working aged adults for occupational health providers and solicitors
- Neuropsychological assessment, cognitive rehabilitation and management of behaviour of people with acquired brain injury.
- Devising and delivering training and workshops, including for the Academy, Sheffield Psychotherapy and Counselling Education (SPACE); Catalyse and Leonard Cheshire.
- Supervision and consultation for other professionals, including in Cognitive Analytic Therapy.
- A member of Catalyse Sheffield Psychotherapy Practice.

**2011 - 2012: Older Adult Psychology Service Lead and Senior Clinical Psychologist in neuropsychology, Sheffield Teaching Hospitals, and in 2011- Locum Senior Clinical Psychologist, Sheffield Teaching Hospital**

- Responsible for establishing and developing a new older adult psychology service within the hospital, working across 2 acute physical health wards and on a cognitive rehabilitation ward.
- Assessing suitability for and delivering psychological therapy, advising on psychological formulations, mental health and risk
- Service development, including needs assessment for psychological provision on the wards, designing a service description, developing care pathways and audit.
- Working with multi-disciplinary teams advising on psychological factors influencing health, length of stay, contributing to discharge planning and referring to appropriate community services and care pathways
- Neuropsychological assessments of a wide variety of acquired brain injuries and neurological conditions, including traumatic brain injuries; stroke, MS, dementias and Parkinson's disease
- Mental Capacity Assessments
- Cognitive rehabilitation and therapy
- Assessing challenging behaviour, devising care plans with staff, facilitating behavioural management staff meetings and evaluating outcome of care plans
- Supervising clinical psychologists in training and delivering consultation and training for qualified staff

**2008 - 2012: Associate Lecturer "Mapping Psychology", "Counselling Fear and Sadness", The Open University**

- Lecturing on undergraduate courses "Mapping Psychology" and "Counselling Fear and Sadness"

**2004 - 2009: Senior Clinical Psychologist, Sheffield Health and Social Care Trust**

- Sole psychologist working with a community mental health team and a functional ward for older adults offering assessments, therapy, supervising clinical psychologists in training and staff consultation and training.

- I was the project co-ordinator for an evaluation of existing discharge practice and outcome from older adult functional wards. I was the sole author of a subsequent report for the Trust Chief Executive.

**2001 - 2004: Clinical Psychologist, Derbyshire Mental Health Trust**

- Mental health assessments and treatment in a Community Mental Health Team for working aged adults.

**1996 - 2000: Clinical Psychologist in training, Camden and Islington Mental Health Trust (inclusive of maternity leave)**

**1996 - 2000: Honorary Lecturer, United Medical and Dental Schools, Guys Hospital**

**1994 - 1996: Lecturer and BSc Co-ordinator, United Medical and Dental Schools, Guys Hospital**

**1990 - 1996: Course Tutor Open University “Introduction to Psychology”, “Social Psychology”**

**1993 - 1994: Regular Visiting Lecturer, School of Health and Community Studies, Sheffield Hallam University**

**1990 - 1994: MRC PhD studentship**

- Developing and evaluating a cognitive behavioural therapy for shiftworkers at Rover cars, including training in therapy from a leading Professor in Clinical Psychology

**1989 - 1990: Research Assistant, Trent Regional Health Authority**

- Working on a project evaluating stress management workshops for health professionals

**OTHER RELEVANT INFORMATION**

I have a full enhanced CRB check  
I hold professional indemnity insurance

**PUBLICATIONS**

Ives, G., Phelps, M., Taylor, E., Carter, C. and Crowther, L. (2013). Is there an expert in the house? The future for expert witnesses. Family Law, **43**, 1041-1044.

Niven, N., Haynes, C. and Taylor, E. (1996). Caring in Context. London: South bank University.

Reynolds, S., Taylor, E. & Shapiro, D.A. (1993). Session impact in stress management training. Journal of Occupational and Organisational Psychology, **66**, 99-113.

Reynolds, S., Taylor, E. & Shapiro, D.A. (1993) Impact and outcome in stress management training. Journal of Community and Applied Social Psychology, **3**, 325-337.

Taylor, E. (1997). Shiftwork and health. In A. Baum, C. McNamus, S. Newman, J. Weinman and R. West. Cambridge Handbook of Psychology, Health and Medicine. Cambridge University Press.

- Taylor, E. (1997). The psychosocial impact of having a cleft lip or palate. In A. Baum, C. McNamus, S. Newman, J. Weinman and R. West. Cambridge Handbook of Psychology, Health and Medicine. Cambridge University Press.
- Taylor, E., Briner, R. and Folkard, S. (1997). Models of shiftwork and health: An examination of the influence of stress on shiftwork theory. Human Factors, **39**, 67-82.
- Taylor, E., Folkard, S. and Shapiro, D. (1997) Shiftwork advantages as predictors of health. International Journal of Occupational and Environmental Health, special edition on shiftwork, **3**, 20-30.
- Taylor, E. & Martlew, M. (1992). Developmental differences in phonological spelling strategies. In C. Sterling and C. Robson (eds.) Psychology, Spelling and Education. Avon: Multilingual Matters.

### **ORGANISATIONAL REPORTS**

- Taylor, E. (2006) Effective Discharge from Older Adult FMI Wards. Report written on behalf of the project steering group for Sheffield Care Trust.
- Taylor, E., Folkard, S. & Shapiro, D. (1993). Needs of shiftworkers: outcome of a counselling service for shiftworkers at Rover group. Report to Rover Group.
- Taylor, E., Fuggle, P. & Barker, C. (2000). Adaptation to secondary school: the role of childhood interpersonal beliefs. Report to Islington Local Education Authority.
- Taylor, E., Reynolds, S., & Shapiro, D. (1990). An evaluation of the outcome and processes of stress management interventions for health authority staff. Report to North Derbyshire District Psychology Department.
- Taylor, E., Reynolds, S., & Shapiro, D. (1990). A guidebook for the organization of stress management interventions. Report to North Derbyshire District Psychology Department

### **CONFERENCE PRESENTATIONS**

- Reynolds, S. and Taylor, E. (1990). Process-outcome relations in stress management training. Presented at BPS Occupational Psychology Conference, Bowness-on-Windermere. SAPU memo 1124.
- Taylor, E., Folkard, S. and Shapiro, D. (1991). Will a counselling service help intolerant shift workers? Presented at International Symposium on Night and Shift Work, Sheffield.
- Taylor, E., Folkard, S. and Shapiro, D. (1995). An initial evaluation of a counselling service for shiftworkers. Presented at 12th International Symposium on Night and Shiftwork, Connecticut.
- Taylor, E., Folkard, S. and Shapiro, D. (1995). Predictors of the health status of shiftworkers. Presented at the 12th International Symposium on Night and Shiftwork, Connecticut.
- Taylor, E. and Martlew, M., (1990). Developmental differences in phonological spelling strategies. Presented at Psychology, Spelling and Education, Newcastle on Tyne.
- Taylor, E. (1992). Designing a therapeutic intervention for a specific population. Presented at BPS Special Group in Counselling Psychology 3rd annual conference, Birmingham.
- Taylor, E., Shapiro, D. and Folkard, S. (1995). An initial evaluation of brief work site counselling for shiftworkers. Presented at 2nd annual conference for the BPS Division of Counselling Psychology, Birmingham.